

Featured Client Testimonial



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I have been asked to offer my opinion about working with Dr. Kevin Fleming on matters regarding my marriage and personal life and I would be very happy to do so because I found his work to be extraordinary.

In my experience there are three different avenues to pursue when facing a dilemma:

First, one can go out with a close friend and vent over a beer or two. This approach makes one feel good in the moment especially when your friend sides with you. The problem with this approach is our friends are not equipped to offer any kind of deep insight or professional advice, hence the halo effect is very short lived and perhaps even counter-productive.

Second, one can go to a run of the mill therapist/counselor for 60 minute visits, once a week. You know the drill, drive across town at an inopportune time, and sit there for an hour in a stiff chair, enduring uncomfortable and meaningless conversations with one eye on the clock. This approach is just death by a thousand cuts because, despite the time invested, the problems never seem to get fixed. These type of counselors are well intentioned but simply do not have the skills necessary.

Finally, there is the Dr. Fleming model. He quickly becomes like a trusted, longtime friend, one with whom you can share anything. His sessions are several hours long, intense and insightful but paradoxically, very comfortable; and you will hate to see them end. Most importantly and different from a regular friend, he has uncanny insight to get to the core of the problem quickly and then offer fixes that actually work. When using his suggestions, I saw immediate improvements in my life and I believe you will also.

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